

# FORCE ATHLETIQUE

Ligue : **LANGUEDOC ROUSSILLON**

Nom de la compétition : **Championnat Départemental**

LIEU : **Port la NOUVELLE**

DATE : **04/12/2010**

| N° | Licence N°          | NOM         | Prénom  | Sexe | Date de naissance | Age | Cat. d'âge | Poids corps | Cat. de poids | Indice | CLUB                           | Flexions de jambes |     |     |   | Développé-Couché |     |      |   | Soulevé de Terre |     |     |   | TOTAL | R | Place | Clas. | Clas. open | Indice | Place indice |  |
|----|---------------------|-------------|---------|------|-------------------|-----|------------|-------------|---------------|--------|--------------------------------|--------------------|-----|-----|---|------------------|-----|------|---|------------------|-----|-----|---|-------|---|-------|-------|------------|--------|--------------|--|
|    |                     |             |         |      |                   |     |            |             |               |        |                                | 1                  | 2   | 3   | R | 1                | 2   | 3    | R | 1                | 2   | 3   | R |       |   |       |       |            |        |              |  |
|    | Pyrénées ORIENTALES |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    | 277731              | BENHALIMA   | Kharia  | F    | 21/06/76          | 34  | SENIOR     | 56          | - de 56 kg    | 1,1766 | HC St ESTEVE                   | 90                 | 100 | 110 |   | 65               | 65  | 67,5 |   | 135              | 145 | 150 |   | 317,5 |   | 1     | NAT   | NAT        | 373,57 | 1            |  |
|    | 250969              | MARGAIL     | Cyril   | M    | 09/09/74          | 36  | SENIOR     | 84,5        | - de 90 kg    | 0,6606 | HC St ESTEVE                   | 150                | 165 | 165 |   | 140              | 150 | 160  |   | 170              | 185 | 195 |   | 510   |   | 1     | DEB   | DEB        | 336,91 | 1            |  |
|    | Comité de l'AUDE    |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    | 234667              | SICARD      | Clément | M    | 11/05/93          | 17  | JUNIOR     | 80,6        | - de 82.5 kg  | 0,6795 | FAH du CROS                    | 140                | 150 | 165 |   | 100              | 105 | 110  |   | 155              | 165 | 180 |   | 455   |   | 1     | NAT   | DEB        | 309,17 | 1            |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    | 241918              | BOUCHANNAFA | Mickael | M    | 27/09/80          | 30  | SENIOR     | 67,5        | - de 67.5 kg  | 0,7710 | PHILOCALIE FA Port la Nouvelle | 120                | 130 | 140 |   | 90               | 100 | 110  |   | 160              | 170 | 180 |   | 410   |   | 1     | DEB   | DEB        | 316,11 | 1            |  |
|    | 214506              | HADDOU      | Yaya    | M    | 22/11/69          | 41  | MASTER 1   | 87          | - de 90 kg    | 0,6499 | PHILOCALIE FA Port la Nouvelle | 135                | 140 | 140 |   | 130              | 140 | 145  |   | 190              | 200 | 200 |   | 475   |   | 1     | DEP   | DEB        | 308,70 | 1            |  |
|    | HERAULT             |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    | 258279              | SEGUY       | Hervé   | M    | 09/08/66          | 44  | MASTER 1   | 82,5        | - de 82.5 kg  | 0,6699 | ASM de SETE                    | 120                | 125 | 130 |   | 90               | 95  | 100  |   | 170              | 180 | 185 |   | 410   |   | 1     | DEB   | DEB        | 274,66 | 1            |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |
|    |                     |             |         |      |                   |     |            |             |               |        |                                |                    |     |     |   |                  |     |      |   |                  |     |     |   |       |   |       |       |            |        |              |  |

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|--------------------------|--|--|--|--|--|--|--|--|--|-------------|--|---------------|--|-----------------|--|----------------|--|
| OBSERVATIONS et DIVERS : |  |  |  |  |  |  |  |  |  | Secrétaire  |  | 1er Assesseur |  | Chef de Plateau |  | 2ème Assesseur |  |
|                          |  |  |  |  |  |  |  |  |  | Henri BLANC |  | MENARD Karine |  | MENARD Patrice  |  | FLORES Joseph  |  |